

## "IMPROVE YOUR QUALITY OF LIFE WITH RENOWNED DETOX SPECIALIST"

Renowned Dietician and founder of 24 Refresh widely known for his customized detox plan and fitness goals renewed their personality, and

Millions of people struggle to lose weight and you and then staying with it at times becomes a Dieters are the experts in diet and nutrition, your diet and create a clinical plan and detailed routine.

In the words of the specialist, "Being one of the overseas, we keep a goal to guide our clients on unique 360-degree approach which helps them to nizing meal plans, we also provide a recipe based on vates our clients to follow it rigorously."

The innovative Campaign named Pet Kam focus on spreading awareness about nized various weight losses and detox and praise from multiple profiles and sional, businessmen, professionals, and

### POINTS TO BE HIGHLIGHTED

Various Diet awards and monthly felici-Sunny Gupta and his team, especially regimen strictly and achieve exemplary lifestyle is equally important to avoid

### RECOGNIZED FOR

Well Known Detox Specialist dietician weight and improve your quality of plan & Detox Diet for you. They have seminars, camps, boot camps and healthy and active lifestyle, including

specialist in Weight loss, PCOS, PCOD, Thyroid and Constipation, Gastric issues, Weight Gain or any other clinical diet plan.



Fitness and weight loss centre based in Surat, Dt. Sunny Gupta is weight loss tips that have helped several people achieve their helped them lead a more confident life.

improve their diets. Finding an appropriate diet that works for massive challenge for all – and that's when a dietician helps, particularly for promoting general health, who can evaluate menu with strategies and tips that suit your lifestyle and daily

originators of Basic to advance level Detox plans across India and long term health benefits of a balanced diet and exercise via a live a healthy life physically and mentally. Apart from organic and sustainable food sources and also moti-

Karo, an initiative of Dt. Sunny and his team staying fit and healthy. They have also orga-championships, which gained momentum backgrounds, including medical profes-artists.

tation ceremonies are organized by Dt. for the clients who follow their diet results, as they say, adopting a healthy any ailments in the longer run.

Dt. Sunny Gupta can help you lose life by devising a customized nutrition organized several health awareness group exercise events to promote a Zumba workshops. Dt. Sunny Gupta is a

## MILESTONES

Dt. Sunny Gupta and his team has helped 1000+ people to lose weight and manage health conditions across India, Dubai, Muscat, Abu Dhabi, USA, Canada, Africa, Australia, Germany, Hong Kong, New Zealand & Ireland.

**MOST EXPERIENCED & QUALIFIED (DCDN, DDPWM, Detox Expert)**

**EXCELLENCE IN HEALTH CARE AWARD 2020 (94.3 My FM, Divya Bhaskar Group)**

**EXCELLENCE IN HEALTH & FITNESS (Times of India Icons of Surat 2020-21)**

**RECOGNIZED AND FELICITATED WITH VARIOUS AWARDS FROM NGOS**

**GUJARAT'S MOST TRUSTED DIETITIAN & LIFESTYLE COUNSELLOR**

### Clients Feedback

"Dt. Sunny Gupta's Detox works like a miracle. His Detox diet is very delicious. His knowledge is profound and very intense. One who wants to reduce weight in a healthy manner Dt. Sunny Gupta is the correct person!"

"After continuous trying with gym, Fasting, Zumba and many more could not come to any benefit for weight loss but consultancy with Dt. Sunny Gupta has been a life-changer for many from being lethargic to more energetic!"

"For few, it's a myth that Dieting is just like fast that automatically gain weight again after it gets over. But Dt. Sunny Gupta's diet never feels like that,

Your one-stop solution for your personalized diet plan is just a message away!

Contact him on Instagram @dietician\_sunnygupta

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Please do check out his official website [www.dtsunnygupta.com](http://www.dtsunnygupta.com)

You can follow him on Facebook <https://www.facebook.com/sunnybgupta>.

**Dt. Sunny Gupta**

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